



ABK NEWS

MAY 2025 EDITION #025

WHATS ON IN MAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
12 COMMITTEE MEETING	13 5-8pm Tuesday Krewsday	14 FULL MOON RIDE 8:30PM 5:30-8 Wednesday Workshop & Community Dinner		16 5:30-8pm Friday Workshop	17 10:30-11:30 Yoga 1-4pm Saturday Workshop	18  duck! radio
19	20 5-8pm Tuesday Krewsday	21 5:30-8 Wednesday Workshop & Community Dinner	22	23 5:30-8pm Friday Workshop	24 10:30-11:30 Yoga 1-4pm Saturday Workshop	25  duck! radio
26 BIKE BASICS @ BURNSIDE	27 HOST TRAINING	28 5:30-8 Wednesday Workshop & Community Dinner	29	30 MEET SAHIL FROM SAVE SOIL PRESENTATION + DINNER 5:30-8pm Friday Workshop	31 10:30-11:30 Yoga 1-4pm Saturday Workshop	1 June  duck! radio

FROM THE COMMITTEE

We have a few interesting dates coming up to mark in your calendars:

Full Moon Ride this Wednesday 14th after workshop...that's tomorrow!

Tuesday 27th **Host Training Session** for all vollies keen to do the Host roll.

Friday 30th **Meet Sahil from the Save Soil Movement**. ABK is hosting Sahil who is riding his bike 20,000km to raise awareness about the soil degradation crisis. He will present to us after workshop and we will have a shared dinner!

Plus long range save the dates for **Kidical Mass 2025** on Sunday Sept 21st
AND
ABK Halloween Party Friday October 31st!
Pencil those in now to avoid disappointment

IN THE SPOTLIGHT

NICK

You embody ABK's ethos with your can-do attitude, welcoming vibe and happy disposition. You are always kind, patient and respectful.

We love how you bring buddies in to help you make amazing food. You came to ABK with an eagerness to learn and you have learnt so much that we are losing you to your epic bike quest!

Thank you for all that you pour in to ABK. You will be sorely missed when you leave but we hope you have an excellent adventure and come back one day to tell us all about it!